



LASER MASTERS ATLANTIC COAST CHAMPIONSHIPS
SAYVILLE YACHT CLUB
Blue Point, N.Y. USA
July 16-17, 2016

SAILING INSTRUCTIONS

1. RULES

1. The regatta will be governed by the Racing Rules of Sailing, the prescriptions of the United States Sailing Association (US Sailing) and ILCA-NA class rules, the rules of the Laser Class Association, and the Notice of Race, except where any of these are changed by these Sailing Instructions.
2. The regatta is designated Category C in accordance with ISAF Regulation 20
3. All entrants shall start and finish together and be scored as a single fleet. Competitors may choose Standard, Radial or 4.7 rigs at their discretion, provided that all rig changes are made on shore and all sails have the same number (Rig-Swapping Rule turned on). This changes ILCA Class Rule 27(d) by permission of the International Laser Class Association of North America.

2. ENTRIES AND ELIGIBILITY

1. Competitors who are members of the International Laser Class Association and who have reached the age indicated in the categories below by July 16th, 2016 are eligible to compete. Athletes must have an active membership at time of online registration and can verify membership with the NA Laser class via the link below:
https://www.ilcana.org/membermgmt/laser_registration_lookup.php.
2. Competitors, who are not members of the ILCA-NA or their national Laser Class Association, may enter by completing registration with the organizing authority. Competitors shall be divided into the following divisions: Apprentice (35-44 years of age) Master (45-54 years of age) Grand Master (55-64 years of age) Great Grand Master (65+ years of age). Division shall be determined by competitor's age on July 16th, 2016

3. NOTICES TO COMPETITORS

1. Notices to competitors will be posted on the official notice board located near the stairway inside the main clubhouse.

4. CHANGES IN THE SAILING INSTRUCTIONS

1. Any change to the sailing instructions will be posted before 0800 on the day it will take effect, except that the changes in the schedule of race will be posted before 1800 on the day before it will take effect.
2. Changes may be made verbally on the water

5. SIGNALS MADE ASHORE

1. Signals made ashore will be displayed from the Sayville Yacht Club Flagpole.
2. If a postponement is signaled ashore, the “1 minute” is replaced with “not less than 30 minutes” in the Race Signal AP.

6. SCHEDULE OF RACES

1. Racing is scheduled as follows:
Friday 15 July:
1600-1900 Registration
Saturday 16 July:
0800-0915 Registration Continental Breakfast
1000 Competitors meeting
First Warning: 1100
Sunday 17 July:
0800 – 0930 Continental Breakfast
First Warning 1100
No warning signals after 1500
2. Seven (7) races are scheduled. A minimum of three races must be completed to constitute a regatta

7. RACING AREA

1. The racing area will be in the waters of the Great South Bay, generally south and east or west of the Sayville Yacht Club depending on wind direction.

8. COURSES

1. Attachment A provides a diagram of the courses, the order in which the marks are to be passed and the side on which each mark is to be left. The course length may be adjusted at the discretion of the Race Committee.
2. Courses “T” and “W” in attachment A may be accompanied by a “2” which will mean the course is to be sailed twice around.
3. Courses to be sailed will be displayed on a white board located on the committee boat.
4. The Start and Finish line is not an obstruction and boats may cross it at any time while racing, honoring it only when starting or finishing.

9. MARKS

1. The start and finish line port end mark will be a round float with an orange flag
2. The course marks will be orange cylinders
3. Change marks will be yellow tetrahedrons

10 SAFETY

1. Life jackets are to be worn at all times while racing, except temporarily while changing clothes. Failure to do so subjects the competitor to protest by the Race Committee.
2. Each competitor is to check in with the Race Committee Signal Boat before the warning signal of their first race for the day. Competitors are required to check in again upon returning to the race course after going ashore for any reason.
3. A competitor who withdraws from a race or intends to not start a race shall inform the nearest Safety or Race Committee boat as soon as possible. If unable to notify the Race Committee on the water, such competitor must notify a Race Committee official on shore promptly upon reaching the shore.

11. THE START

1. Races will be started in accordance with RRS 26
2. The race committee may make an attention signal (multiple short air horn blasts) before the warning signal
3. The class flag will be the Laser Class Flag
4. The starting line will be between a staff displaying an orange flag on the Race Committee signal boat at the starboard end of the line and the buoy with an orange flag on the port end of the line.
5. A boat starting later than 5 minutes after her start signal will be scored DNS. This changes RRS A4.1
6. The RC intends to hail recall numbers of the boats that are OCS. Boats are not eligible for redress for the following: Failure to make a recall hail, failure to here a recall, order of the recall numbers, or timeliness of the hail. This modifies RRS 62

12 CHANGE OF THE COURSE

1. A change of the course will be signaled in accordance with RRS 33. New mark will be a yellow Tetrahedron. Any mark rounded after rounding the new mark may be relocated, without further signals or change marks, to maintain the original course configuration. If a subsequent change of course is required in the same race, the change mark will be replaced with the original mark.

13 THE FINISH

1. The finish line will be between a staff displaying an orange flag on the Race Committee signal boat at the starboard end of the line and the buoy with an orange flag on the port end of the line.
2. As soon as practical after finishing, boats shall sail clear of the finish area and remain outside the race course.

14 TIME LIMIT

1. The time limit for the first boat to finish a race will be 90 minutes. In addition, any boat failing to finish within 30 minutes after the first boat finishes will be scored DNF. This changes RRS 35, A4.1.

15. PENALTY SYSTEM

1. The penalty system for this regatta will be RRS 44.1

16. MEASUREMENT AND EQUIPMENT

1. Each competitor is responsible for ensuring their equipment is in compliance with the ILCA rules. Failure to do so may result in disqualification from the regatta. Section 3 of the NOR will be enforced and other measurement and equipment checks may be done at any time during the regatta.

17. PROTESTS, ARBITRATION, AND REQUESTS FOR REDRESS

1. Competitors intending to protest shall inform the Race Committee immediately after finishing and before communicating with coaches or spectators. Boats should first sail to the non-course side of the Finish Boat and report to the Finish Boat. Boats that do not finish shall report their intent to protest to any Race Committee Boat at their first possible opportunity. This adds to RRS 61.1(a).
2. Protests should be lodged at the Registration Desk within 60 minutes of the time the Race Committee Finish Boat docks. The Race Committee will post the docking (beginning of protest) time on the official notice board as soon as practical after docking.
3. Protests will be heard in the approximate order of receipt. The time and place of protest hearings will be posted within 30 minutes after the end of the protest time. This is the notice required by RRS 63.2.

18. SCORING

1. The Low Point Scoring System, Appendix A2, will be used except as modified below.
2. A minimum of three races must be completed to constitute a regatta.
3. There will be one throwout when six or more races are sailed.
4. NA Masters handicap system will be in place to determine the overall series winner. For each race counted in the competitor's final score, add the following points:
 - *Apprentices: 3 points
 - *Masters: 2 points
 - *Grand Masters: 1 point
 - *Great Grand Masters: 0 points.
5. Results are recalculated and competitors ranked from lowest to highest score after handicap points have been added.

19. DISCLAIMER OF LIABILITY

6. Competitors participate in this regatta entirely at their own risk. See Rule 4, Decision to Race. The organizing authority or the race committee will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

20. TROPHIES

Trophies will be awarded for the winner of each age group, for first female, and for first overall.

ATTACHMENT A - COURSES

The attached diagrams show possible courses. All courses will have a mid-leg start/finish line.

