



***SHELTER ISLAND C420/LASER REGATTA***  
***SHELTER ISLAND YACHT CLUB***  
***12 CHEQUIT AVENUE, SHELTER ISLAND HEIGHTS, NY 11965***

**21 JULY, 2015**

**Sailing Instructions**

**1 Rules**

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2013-2016 and the Rules for JSA Events.

**2 Notices to Competitors**

Notices will be posted on the official regatta notice board located near the registration table. Any change to the sailing instructions will be posted no fewer than 30 minutes before the harbor start.

**3 Signals Made Ashore**

Signals made ashore will be displayed from the club flagpole. The harbor start will be signaled by a single sound. No boat shall go beyond Harbor until the harbor start has been signaled.

If flag AP is displayed with 2 sound signals, the first race of the day is postponed. The end of such postponement will be signaled by a lowering of flag AP and one sound. The warning signal for the first race of the day will be made not less than 60 minutes thereafter.

If flag L is displayed with one signal sound, a notice to competitors has been posted to the official regatta notice board.

**4 Schedule**

4.1 The race committee will run as many races as is reasonably possible. At least one race must be completed to have a series.

4.2 The racing schedule is as follows:

|   |                            |                                 |
|---|----------------------------|---------------------------------|
| <b><i>Measurement and Equipment Check</i></b>         | <b><i>8:30 – 10:30</i></b> | <b><i>Dry Sail Area</i></b>     |
| <b><i>Registration</i></b>                            | <b><i>8:30 – 10:30</i></b> | <b><i>Main Clubhouse</i></b>    |
| <b><i>Safety Boat Meeting/ Instructor Meeting</i></b> | <b><i>10:00</i></b>        | <b><i>Junior Yacht Club</i></b> |
| <b><i>Skippers' Meeting</i></b>                       | <b><i>10:30</i></b>        | <b><i>Front Lawn</i></b>        |
| <b><i>Lunch on land</i></b>                           | <b><i>11:00</i></b>        | <b><i>Front Lawn</i></b>        |
| <b><i>Harbor Start</i></b>                            | <b><i>11:30</i></b>        | <b><i>North Pier</i></b>        |

4.3 No warning signal will be made after 17:00 hours.

**5 Class Flags**

The class flags will be white flags with the lettering of 420, Laser or Radial.

## 6 **Racing Area**

The racing area will be in the waters around Shelter Island. The exact location of the racing area will be announced at the skipper's meeting.

## 7 **Safety**

- 7.1 Each boat must comply with the JSA rules. An inspection of some or all boats may be carried out at any time.
- 7.2 A boat that does not finish a race shall notify a race committee boat before leaving the race area. If this is impossible, the competitor shall notify a regatta representative immediately after arriving ashore.

## 8 **The Course**

The course shall be a modified triangle (Course 1) or modified trapezoid (Course 2) as shown below. All rounding marks shall be left to port. Before the warning signal of each race, the course to be run will be signaled by numeral flag #1 (modified triangle) or #2 (modified trapezoid).

- 8.1 Other courses may be used at the discretion of the Race Committee if necessary.

## 9 **Marks**

- 9.1 Marks 1, 2, 3 and 4 will be orange, Yellow, or green inflatable marks
- 9.2 The starting mark will be an orange ball or boat and a Race Committee boat
- 9.3 The finish mark will be an orange ball or boat and a Race Committee boat

## 10 **The Start**

- 10.1 Races will be started by using the following signals. Times shall be taken from the visual signals: the absence of a sound signal shall be disregarded.

| Signal      | Time      | Sound        | Visual                                    |
|-------------|-----------|--------------|---|
| Warning     | 5 minutes | 1 blast      | Class flags hoisted: 420, Laser or Radial |
| Preparatory | 4 minutes | 1 blast      | P, I, Z, or Z with I                      |
| One-Minute  | 1 minute  | 1 long blast | P, I, Z, or Z with I flag removed         |
| Start       | 0         | 1 blast      | Class flag(s) lowered                     |

- 10.2 A series of short sounds will be made before each warning signal.
- 10.3 At the warning signal, a white class flag(s) will be flown from the race committee boat signifying the next division(s) to start (i.e. 420, Laser and/or Radial).

- 10.4 Each of the fleets (420, Laser, Radial) may be raced in combinations or separately.
- 10.5 The starting line will be between an orange flag on the race committee boat and the starting mark or boat on the port side of the race committee boat.
- 10.6 Additional races will start very soon after each fleet completes its preceding race.
- 10.7 An orange buoy may be placed in the middle of the starting line for reference only  
This buoy is not part of the course.

## **11 Recalls**

- 11.1 Individual recalls will be signaled by Flag “X” and one sound signal. The race committee will attempt to hail the sail numbers of boats that are over early.
- 11.2 A general recall will be signaled by flag “First Substitute” and two sound signals. After a general recall, the warning sequence will begin one minute after the lowering of flag “First Substitute.”
- 11.3 The Round-an-End Rule is in effect when Flag “I” is displayed with the preparatory (four minute) signal. The “I” flag will be lowered at one minute and the race committee may begin hailing sail numbers then.

## **12 The Finish**

The finishing line will be in a separate area from the starting line and will be between an orange staff/flag on the finish boat and an orange mark/or boat on the port side of the finish boat.

## **13 Penalty System**

The Two-Turns Penalty is in effect for all races.

## **14 Time Limit**

There is no time limit. However, if a boat in last place in a race is delaying the next start, the Race Committee may order the race terminated and score boat points equal to the number of finishers plus one.

## **15 Protests**

- 15.1 Upon finishing each race, a boat intending to protest shall immediately, without consultation with instructors or spectators, notify the race committee of their intent to protest and, if possible, the sail number of the protested boat. (This adds to rule 61.1)
- 15.2 A protesting boat does not need to file a written protest. (This changes rule 61.2.)

15.3 The JSA Arbitration Procedure (as described in Appendix C of the 2014 Rules for JSA Events) shall be used for hearing protests. (This changes Rule 63.)

15.4 Protests under sailing instructions 3, 5, 7.2 and 13 may be made only by the race committee.

## **16 Scoring**

The Low Point Scoring System, Appendix A of The Racing Rules of Sailing, will apply, except that a boat's series score shall be the sum of her scores for all races. There will be no throw out.

## **17 Prizes**

Prizes will be awarded to the top 3 finishers in the 420, Laser and Radial Fleets. A sportsmanship trophy may be awarded at the discretion of the race committee.

## **18 Responsibility for Safety**

As a condition of participation of any boat in any race or related activity sponsored or undertaken by the *Shelter Island Yacht Club*, the owner and the helmsperson of each boat agree that the safety of the boat and the helmsperson and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she or any heir, representative, successor or assignee, may have against the *Shelter Island Yacht Club* and the JSA of LIS, and their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each participant as does the responsibility for the safe condition of the boat including safety equipment and rigging and wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant.